

# Kilkenny GAA

## Coach Education Series 2023

To start the 2023 GAA season, The Kilkenny GAA Coaching and Games Team, are offering mentors/coaches at all levels the opportunity to engage with our formal Coach Education Series. {Details have been sent to your Club Coaching Co-Ordinator}

Thanks to the Clubs who are “hosting” the sessions.

Introduction to Coaching Gaelic Games **Target Audience** - for all mentors.

Award 1 – **Target Audience** - we are asking that the *Lead Coach* at U13/U15/U17 to attend.

{Coaches must have the Introduction to Gaelic Games Course/Foundation Coaching course completed prior to attending the Award 1.}

Watch out for future opportunities to engage with our Informal Coach Education Series (Workshops/Seminars) during the season.

**Reminder** for mentors working in the “Child/Youth” Cohort, to be compliant with the **Childs First Act**, each coach/mentor must have :

- (1)** An Introduction to Gaelic Games Course Certificate.
- (2)** A current Safeguarding 1 Certificate.

{\*Introduction to Coaching Gaelic Games Courses/Safeguarding Courses are aligned to allow ease of completion.}

- (3)** Garda Vetting. (Please contact your Clubs Children’s Officer for details.)

We do look forward to meeting coaches over the next few months, to support you, as you continue to develop Gaelic games.

**Kilkenny GAA Coaching and Games Team**

# Kilkenny GAA

## Coach Education Series 2023

6 x Introduction to Gaelic Games Coaching Courses (Scroll below to see Course Descriptor)

3 X Award 1 Courses (Scroll below to see Course Descriptor)

Each Coach to Register Individually on the Courses – **See Steps below**

**Introduction to Gaelic Games – NO CHARGE**

**Award 1 - €50.00 to be paid on the First Night to Course Organiser – (If Cheque Please make payable to Kilkenny GAA)**

<b>January 2023</b>						
<b>Date</b>	<b>Venue</b>	<b>Time</b>	<b>Course Type</b>	<b>Course No.</b>	<b>Tutor(s)</b>	<b>Course Organiser</b>
17/1/2023	Piltown GAA	7.30pm	Introduction to Gaelic Games {Session 1}	1	PJ Ryan/ P.Bradley	P.Bradley
18/1/2023	St. Lachtains GAA	7.30pm	Award 1 { Session 1 - Introduction }	1	B.Ryan	B.Ryan
21/1/2023	Piltown GAA	10.00am	Introduction to Gaelic Games {Session 2}	1	PJ Ryan/ P.Bradley	P.Bradley
25/1/2023	Clara GAA	7.30pm	Award 1 {Session 1 - Introduction}	2	B.Ryan/P.Bradley	S. Kelly

<b>February 2023</b>						
<b>Date</b>	<b>Venue</b>	<b>Time</b>	<b>Course Type</b>	<b>Course No.</b>	<b>Tutor(s)</b>	<b>Course Organiser</b>
1/2/2023	Mooncoin GAA	7.30pm	Award 1 { Session 1 -Introduction }	3	B.Ryan /P.Bradley	PJ Ryan
8/2/2023	St. Lachtains GAA	7.30pm	Award 1 {Session 2 – Technical Proficiency}	2	P.Bradley/B.Ryan	B.Ryan
8/2/2023	James Stephens GAA	7.30pm	Introduction to Gaelic Games {Session 1}	2	N.Culleton/S.Kelly	N.Culleton
11/2/2023	James Stephens GAA	10.00am	Introduction to Gaelic Games {Session 2}	2	N.Culleton/P.Bradley	N.Culleton
15/2/2023	Clara GAA	7.30pm	Award 1 {Session 2 – Technical Proficiency}	2	B.Ryan/P.Bradley	S.Kelly
15/2/2023	Barrow Rangers GAA	7.30pm	Introduction to Gaelic Games {Session 1}	3	P.Campion/N.Culleton	P.Campion
18/2/2023	Barrow Rangers GAA	10.00am	Introduction to Gaelic Games {Session 2}	3	P.Campion/B.Ryan	N.Culleton
22/2/2023	Mooncoin GAA	7.30pm	Award 1 { Session 2 -Technical Proficiency }	3	B.Ryan /P.Bradley	PJ Ryan

<b>March 2023</b>						
<b>Date</b>	<b>Venue</b>	<b>Time</b>	<b>Course Type</b>	<b>Course No.</b>	<b>Tutor(s)</b>	<b>Course Organiser</b>
1/3/2023	St. Lachtains GAA	7.30pm	Award 1 {Session 3 –Tactical Prowess}	1	P. Champion	B.Ryan
8/3/2023	Clara GAA	7.30pm	Award 1 {Session 3 – Tactical Prowess}	2	P.Campion	S. Kelly
8/3/2023	Dunnamaggin GAA	7.30pm	Introduction to Gaelic Games {Session 1}	4	B.Ryan	PJ Ryan
11/3/2023	Dunnamaggin GAA	10.00am	Introduction to Gaelic Games {Session 2}	4	B.Ryan/ P.Campion	PJ Ryan
15/3/2023	Mooncoin GAA	7.30pm	Award 1 {Session 3 – Tactical Prowess}	3	P.Campion/PJ Ryan	PJ Ryan
22/3/2023	St.Lachtains GAA	7.30pm	Award 1 {Session 4 – Team Play}	1	P.Campion/PJ Ryan	B.Ryan
29/3/2023	Clara GAA	7.30pm	Award 1 { Session 4 -Team Play }	2	P.Campion/PJ Ryan	S.Kelly

<b>April 2023</b>						
<b>Date</b>	<b>Venue</b>	<b>Time</b>	<b>Course Type</b>	<b>Course No.</b>	<b>Tutor(s)</b>	<b>Course Organiser</b>
5/4/2023	Mooncoin GAA	7.30pm	Award 1 {Session 4 –Team Play}	3	P. Champion/PJ Ryan	PJ. Ryan
5/4/2022	St. Martins GAA	7.30pm	Introduction to Gaelic Games {Session 1}	5	S.Kelly/ P.Bradley	S. Kelly
8/4/2023	St. Martins GAA	10.00am	Introduction to Gaelic Games {Session 2}	5	S.Kelly/ N.Culleton	S.Kelly
12/4/2023	St. Lachtains GAA	7.30pm	Award 1 {Session 5 – Physical Fitness}	1	S.Kelly/N.Culleton	B.Ryan
19/4/2023	Clara GAA	7.30pm	Award 1 {Session 5 –Physical Fitness}	2	S.Kelly/N.Culleton	S.Kelly
26/4/2023	Mooncoin GAA	7.30pm	Award 1 {Session 5 –Physical Fitness}	3	S.Kelly/N.Culleton	PJ .Ryan

<b>May 2023</b>						
<b>Date</b>	<b>Venue</b>	<b>Time</b>	<b>Course Type</b>	<b>Course No.</b>	<b>Tutor(s)</b>	<b>Course Organiser</b>
10/5/2023	St. Lachtains GAA	7.30pm	Award 1 {Session 6 –Planning/ P.F}	1	S.Kelly/N.Culleton	B.Ryan
17/5/2023	Clara GAA	7.30pm	Award 1 {Session 3 – Planning /P.F}	2	S.Kelly/N.Culleton	S. Kelly
17/5/2023	O’Loughlin/Gaels	7.30pm	Introduction to Gaelic Games {Session 1}	6	B.Ryan / PJ Ryan	B.Ryan
20/5/2023	O’Loughlin/Gaels	10.00am	Introduction to Gaelic Games {Session 2}	6	B.Ryan / P. Champion	B.Ryan
24/5/2023	Mooncoin GAA	7.30pm	Award 1 {Session 6 – Planning /P.F}	3	S.Kelly/N.Culleton	PJ Ryan

## How to register on each ICGG (Introduction to Gaelic Games Courses)/Award 1 Courses :

1. Visit <http://learning.gaa.ie/>
2. Click "Register" in the top left hand corner • In the event **that you are already registered on this website** please jump ahead to **point 6 then 7 then 12 and continue from there)**
3. Complete the Registration Form • If you are asked for "Registration Type" select "Without GAA Membership Number"
4. Click "Create My New Account"
5. You will be sent an email which you must open and click the link so as to "Confirm Your New Account"
6. Click "Login" or revisit <http://learning.gaa.ie/> and click "Login" in the top left hand corner
7. Put in your email address as your Username, enter your password and click "Login"
8. Read the "Site Policy Agreement" and click "Yes" to continue
9. Complete the form with the fields marked with a red asterisk \*
10. Click "Update Profile"
11. You will now be taken back to the home page
12. Click the "GAA Courses" tab (this is located at the top of the homepage next to "Planner" & "ePortfolio tabs)
13. Click the "Coach" tab
14. Click the "Leinster" tab
15. Click the "Kilkenny" tab
16. Click the "Kilkenny Traditional Courses" tab
17. Click on the course titled "Introduction to Coaching Gaelic Games /Award 1" (**venue name – eg Piltown** )" to register.

Kilkenny GAA

## Safeguarding 1 Courses 2023

Date	Venue	Time	Course Type	Course No.
9/1/2022	Piltown GAA	7.30pm	Safeguarding 1	1
1/2/2023	James Stephens GAA	7.30pm	Safeguarding 1	2
8/2/2023	Barrow Rangers GAA	7.30pm	Safeguarding 1	3
1/3/2023	Dunnamaggin GAA	7.30pm	Safeguarding 1	4
29/3/2023	St. Martins GAA	7.30pm	Safeguarding 1	5
10/5/2023	O'Loughlin/Gaels GAA	7.30pm	Safeguarding 1	6

### How to register on Safeguarding Course (See below)

Each SAFEGUARDING Course has a separate log in so Please Scroll down to the course you are to register on and follow those steps. (Minimum of 10 per Course/Maximum of 25 per course)

## **Piltown GAA Safeguarding Course**

The Safeguarding 1 workshop will take place at **Piltown GAA on Monday 9th January @19.30** and is **three hours** in duration. You are required to attend the full workshop in order to receive a certificate of attendance afterwards. **Certificate is valid for 3 years from date on certificate. Everyone involved in coaching and administration needs to up to date safeguarding and if your certificate is out of date, you will be stood down from all activities until new certification is provided.**

### **Step 1- You must complete this step-in advance of the workshop**

Firstly, you will need to register for a GAA Learning account if you do not already have one. Please see link to create an account <https://learning.gaa.ie> . Please use same email as Foireann account. This is in order for you to access the below link and to be sent your certificate afterwards. We ask that you do this prior to the date of the workshop.

**\*Please note that the name you set your GAA Learning account up as is the name which will appear on your cert eg. Joe Bloggs. DO NOT set up the account in someone else's name or use someone else's account.**

### **Step 2 - You must enrol online in advance of the workshop**

The link to enrol on the workshop is

<https://learning.gaa.ie/lms/course/edit.php?id=13044>

You will be asked to enter an enrolment key which is the word safeguarding all lower case.

Once signed in you will see the details for the workshop and you can download the Safeguarding Workbook and Maintaining Good Practice & Behaviour booklet. Your child safeguarding tutor is Lillian Holohan.

Once you have attended the full duration of the safeguarding 1 workshop, you will receive your certificate by email a few days after the workshop has taken place.

## James Stephens GAA Safeguarding Course

A chara,

The Safeguarding 1 workshop will take place at **James Stephen's GAA on Wednesday 1<sup>st</sup> February @19.30** and is **three hours** in duration. You are required to attend the full workshop in order to receive a certificate of attendance afterwards. **Certificate is valid for 3 years from date on certificate. Everyone involved in coaching and administration needs to up to date safeguarding and if your certificate is out of date, you will be stood down from all activities until new certification is provided.**

### **Step 1- You must complete this step-in advance of the workshop**

Firstly, you will need to register for a GAA Learning account if you do not already have one. Please see link to create an account <https://learning.gaa.ie> . Please use same email as Foireann account. This is in order for you to access the below link and to be sent your certificate afterwards. We ask that you do this prior to the date of the workshop.

**\*Please note that the name you set your GAA Learning account up as is the name which will appear on your cert eg. Joe Bloggs. DO NOT set up the account in someone else's name or use someone else's account.**

### **Step 2 - You must enrol online in advance of the workshop**

The link to enrol on the workshop is

<https://learning.gaa.ie/lms/course/edit.php?id=13047>

You will be asked to enter an enrolment key which is the word [safeguarding](#) all lower case.

Once signed in you will see the details for the workshop and you can download the Safeguarding Workbook and Maintaining Good Practice & Behaviour booklet. Your child safeguarding tutor is Lillian Holohan.

Once you have attended the full duration of the safeguarding 1 workshop, you will receive your certificate by email a few days after the workshop has taken place.

## Barrow Rangers GAA Safeguarding Course

A chara,

The Safeguarding 1 workshop will take place at **Barrow Rangers GAA on Wednesday 8th February @19.30** and is **three hours** in duration. You are required to attend the full workshop in order to receive a certificate of attendance afterwards. **Certificate is valid for 3 years from date on certificate. Everyone involved in coaching and administration needs to up to date safeguarding and if your certificate is out of date, you will be stood down from all activities until new certification is provided.**

### **Step 1- You must complete this step-in advance of the workshop**

Firstly, you will need to register for a GAA Learning account if you do not already have one. Please see link to create an account <https://learning.gaa.ie> . Please use same email as Foireann account. This is in order for you to access the below link and to be sent your certificate afterwards. We ask that you do this prior to the date of the workshop.

**\*Please note that the name you set your GAA Learning account up as is the name which will appear on your cert eg. Joe Bloggs. DO NOT set up the account in someone else's name or use someone else's account.**

### **Step 2 - You must enrol online in advance of the workshop**

The link to enrol on the workshop is

<https://learning.gaa.ie/lms/course/edit.php?id=13048>

You will be asked to enter an enrolment key which is the word [safeguarding](#) all lower case.

Once signed in you will see the details for the workshop and you can download the Safeguarding Workbook and Maintaining Good Practice & Behaviour booklet. Your child safeguarding tutor is Lillian Holohan.

Once you have attended the full duration of the safeguarding 1 workshop, you will receive your certificate by email a few days after the workshop has taken place.



## Dunnamaggin GAA Safeguarding Course

A chara,

The Safeguarding 1 workshop will take place at **Dunnamaggin GAA on Wednesday 1st March @19.30** and is **three hours** in duration. You are required to attend the full workshop in order to receive a certificate of attendance afterwards. **Certificate is valid for 3 years from date on certificate. Everyone involved in coaching and administration needs to up to date safeguarding and if your certificate is out of date, you will be stood down from all activities until new certification is provided.**

### **Step 1- You must complete this step-in advance of the workshop**

Firstly, you will need to register for a GAA Learning account if you do not already have one. Please see link to create an account <https://learning.gaa.ie> . Please use same email as Foireann account. This is in order for you to access the below link and to be sent your certificate afterwards. We ask that you do this prior to the date of the workshop.

**\*Please note that the name you set your GAA Learning account up as is the name which will appear on your cert eg. Joe Bloggs. DO NOT set up the account in someone else's name or use someone else's account.**

### **Step 2 - You must enrol online in advance of the workshop**

The link to enrol on the workshop is

<https://learning.gaa.ie/lms/course/edit.php?id=13049>

You will be asked to enter an enrolment key which is the word [safeguarding](#) all lower case.

Once signed in you will see the details for the workshop and you can download the Safeguarding Workbook and Maintaining Good Practice & Behaviour booklet. Your child safeguarding tutor is Lillian Holohan.

Once you have attended the full duration of the safeguarding 1 workshop, you will receive your certificate by email a few days after the workshop has taken place.

## St. Martins GAA Safeguarding Course

A chara,

The Safeguarding 1 workshop will take place at **St.Martin's GAA on Wednesday 29th March @19.30** and is **three hours** in duration. You are required to attend the full workshop in order to receive a certificate of attendance afterwards. **Certificate is valid for 3 years from date on certificate. Everyone involved in coaching and administration needs to up to date safeguarding and if your certificate is out of date, you will be stood down from all activities until new certification is provided.**

### **Step 1- You must complete this step-in advance of the workshop**

Firstly, you will need to register for a GAA Learning account if you do not already have one. Please see link to create an account <https://learning.gaa.ie> . Please use same email as Foireann account. This is in order for you to access the below link and to be sent your certificate afterwards. We ask that you do this prior to the date of the workshop.

**\*Please note that the name you set your GAA Learning account up as is the name which will appear on your cert eg. Joe Bloggs. DO NOT set up the account in someone else's name or use someone else's account.**

### **Step 2 - You must enrol online in advance of the workshop**

The link to enrol on the workshop is

<https://learning.gaa.ie/lms/course/edit.php?id=13050>

You will be asked to enter an enrolment key which is the word [safeguarding](#) all lower case.

Once signed in you will see the details for the workshop and you can download the Safeguarding Workbook and Maintaining Good Practice & Behaviour booklet. Your child safeguarding tutor is Lillian Holohan.

Once you have attended the full duration of the safeguarding 1 workshop, you will receive your certificate by email a few days after the workshop has taken place.

## O'Loughlin/Gaels GAA Safeguarding Course

A chara,

The Safeguarding 1 workshop will take place at **O'Loughlin Gaels GAA on Wednesday 10th May @19.30** and is **three hours** in duration. You are required to attend the full workshop in order to receive a certificate of attendance afterwards. **Certificate is valid for 3 years from date on certificate. Everyone involved in coaching and administration needs to up to date safeguarding and if your certificate is out of date, you will be stood down from all activities until new certification is provided.**

### **Step 1- You must complete this step-in advance of the workshop**

Firstly, you will need to register for a GAA Learning account if you do not already have one. Please see link to create an account <https://learning.gaa.ie> . Please use same email as Foireann account. This is in order for you to access the below link and to be sent your certificate afterwards. We ask that you do this prior to the date of the workshop.

**\*Please note that the name you set your GAA Learning account up as is the name which will appear on your cert eg. Joe Bloggs. DO NOT set up the account in someone else's name or use someone else's account.**

### **Step 2 - You must enrol online in advance of the workshop**

The link to enrol on the workshop is

<https://learning.gaa.ie/lms/course/edit.php?id=13051>

You will be asked to enter an enrolment key which is the word [safeguarding](#) all lower case.

Once signed in you will see the details for the workshop and you can download the Safeguarding Workbook and Maintaining Good Practice & Behaviour booklet. Your child safeguarding tutor is Lillian Holohan.

Once you have attended the full duration of the safeguarding 1 workshop, you will receive your certificate by email a few days after the workshop has taken place.

## Introduction to Gaelic Games Coaching Course

The Introduction to Gaelic Games Coaching Course Award is the introductory award for coaches of Gaelic Games. The course is aimed at all coaches and will enable participants to assist a coach in the organisation of activities to develop hurling or football.

The course is seven and a half hours in duration and covers four key modules, as well as introductory and conclusion modules. These four modules are:

- Introduction to Games
- Skill Development
- Movement Skills
- Coaching Children, Youths and Adults

### Coaching Competencies to be developed

By the end of this course participants will be able to:

- Assist a coach in organising a programme of games and skill development activities appropriate to each participant's needs and abilities
- Identify the skills of hurling
- Assist a coach in organising progressive activities (drills and fun games) to develop five key skills
- Assist a coach in organising progressive activities to develop movement skills appropriate to Gaelic Games
- Assist a coach in organising and managing players for an effective practice session
- Build Rapport, Observe, Analyse, Explain, Provide Demonstration and Provide Positive Feedback to Players

### Course Philosophy

The GAA is committed to implementing an integrated Coach Education Programme with a view to maximising participation, optimising playing standards and ensuring that players' needs are catered for in a balanced way.

The course is designed to promote the development of the How to Coach skills through modelling of best practice, as demonstrated by the tutor, experimental learning and through the guided reflection on previous experiences – as a coach, player, official or parent – facilitated by the tutor.

## Attending a Course

The courses are organised locally within each County. To view upcoming courses in your County or to reserve a place on a course, contact your local Club or County Board Coaching Officer.

## Award 1 Coaching Course

The Award 1 Coach Education course is the second award on the coaching pathway of Gaelic Games. The course is aimed at coaches that have progressed through the Introduction to Gaelic Games Course (previously known as The Foundation Award) and have experience as a coach.

The Award 1 course has been designed to take account of the different playing capacities that exist between children (up to 12 years), youths (age 13 – 18) and Adults (age 19+) and the competencies that a coach is required to display when working with each of the playing populations. Therefore, coaches can specialise in coaching the particular players that they are involved with.

The course is 16 hours in duration and covers a number of key modules including:

- Technical Proficiency
- Tactical Prowess
- Team Play
- Physical Fitness
- Playing Facts
- Psychological Focus
- Communication

The focus of the course is the further development of the 'How to Coach' skills by placing the participant in situations that they will face as coaches – the organisation of games activities, activities to develop skill and activities to develop the various aspects of physical fitness.

***Coaching Competencies to be developed***

*By the end of this course participants will be able to:*

- Organise a programme of games and skill development activities appropriate to each participant's needs and abilities
- Organise progressive activities (drills and fun games) to develop five key skills
- Organise progressive activities to develop movement skills appropriate to Gaelic Games
- Organise and manage players for an effective practice session
- Build Rapport, Observe, Analyse, Explain, Provide Demonstration and Provide Positive Feedback to Players
- Understand the course philosophy

The GAA is committed to implementing an integrated Coach Education Programme with a view to maximising participation, optimising playing standards and ensuring that players' needs are catered for in a balanced way.

The course is designed to promote the development of the How to Coach skills through modelling of best practice, as demonstrated by the tutor, experiential learning and through the guided reflection on previous experiences – as a coach, player, official or parent – facilitated by the tutor.

### ***Attending a Course***

Attendance at an Award 1 course is for those people that have already undertaken the Introduction to Gaelic Games ( Previously known as The Foundation Award) programme, and have gained some experience of coaching over a playing season. The Award 1 courses are organised locally within each County.